



INTERNATIONAL PRESIDENT TO VISIT LISC DIVISION

The President of Kiwanis International will be visiting the Long Island South Central Division on Friday May 5th. The evening will also serve as Governor David Rothman's official visit to the division. So join Kiwanis International President Steve Siemans and New York District Governor David Rothman for a dinner dance, which will be filled with fun and fellowship. The event will take place at The Sterling, which is located in Bethpage NY. The cost will be \$75.00 per person.



Kiwanis International
President Steve Siemans

will take place at The Sterling, which is located in Bethpage NY. The cost will be \$75.00 per person.

This is a unique opportunity for members to visit with the man who runs Kiwanis International and our own David Rothman who is currently serving as the Governor of the New York District.

ALZHEIMER'S DISEASE ISN'T AN INEVITABLE PART OF AGING YOU CAN FIGHT IT By Steve Haller

As individuals and a nation, it's time to understand that our future is only as healthy as our brains. We must do everything we can today for a better tomorrow.

We need more research, More funding. New treatments. Better drugs. Increased compassion and understanding. Stronger leadership. Improved care.

Do your part:

- Take part in healthy aging.
- Understand the disease.

- Get active in the fight to conquer Alzheimer's

It's up to us. You can Maintain Your Brain. Take steps now to take care of your brain.

- Manage your numbers—blood pressure, cholesterol, blood sugar and body weight—to stay healthy as you age.
- Feed your brain with nutrients. Eat foods high in vitamins E and C. Take a multivitamin that includes folic acid. Include salmon, mackerel or other foods high in omega-3 fatty acids in your diet.
- Exercise both your body and brain. Work out, take a class, converse with others, read, play cards or work on crossword puzzles.
- Stay Active

A MESSAGE FROM LG WARREN KALMENSON

I participated with members of my home club (East Meadow) in the Lieutenant Governor's project of reading to elementary school children during the month of March. This program was well received by the School Principal, the teachers and most importantly the students. Although it takes time to get a program like this up and running it is my goal to have other clubs in our Division establish similar programs in their schools or in the local library. If any Club has a program in place, or is in the process of establishing a new one, please let me know.

Thank you for all of the support that you and your clubs have given me during this administrative year. Your efforts are greatly appreciated.

A MESSAGE FROM KIM SCHAROFF NEW YORK DISTRICT KEY LEADER CHAIRPERSON

This year, you have been provided with a lot of Information regarding the Kiwanis Key Leader Program. It is a leadership development and personal growth weekend for students graduating 8th grade through high school that

costs \$150 (or if a Builder's Club or Key Club member \$125). The only thing not included in that price is transportation to and from the event site. The students do not need to be members of sponsored youth organizations. Now is the time that we need your support.

A weekend Key Leader Conference is scheduled for October 6th – 8th at the Warwick Center in Warwick, New York (near Middletown). I know it seems like it is far away, but now is the time to find students to



Governor Dave Rothman, new Member Diane Anderson, and her sponsor Rich Santer

send before school lets out for the year. You can register the students now at <http://www.key-leader.org>.

I would love the opportunity to speak to your club about this unique program for children. Please do not hesitate to contact me via email or phone (at night between 7 and 10pm) with any questions. We want these events to be a huge success. My phone number is 516-432-0850. My E-Mail address is kscharoff@yahoo.com

RESOURCE TO SUPPORT SOLDIERS

As I write this letter, thousands of our countryman are serving abroad. The conditions under which they serve are difficult at best. If you are looking for a resource that will give you the opportunity to help these soldiers out, you might consider going to the web site <http://www.anysoldier.com>. This web site presents a great deal of information regarding how you can help out.

AROUND THE DIVISION

The next Divisional Council will be held at Per Un Angelo's on Monday May 15th 2006. The event is being hosted by the West Hempstead and Town Hall clubs.

East Meadow's Pancake Breakfast got off to an auspicious start as DPP Jay Steinmetz

arrived with a raffle gift and the flu. While he was sidelined by the flu, he wanted to be sure that the raffle prize got there. Then it was learned that President Alan was injured in an



Matt, Lee Cook, and President Alan Alterman

automobile accident while on his way to the event. Once again, the call of duty won out over pain as President Alan made it to the breakfast, and he refused to leave

until the job was done. While the adults were hampered by injuries, the members of the Woodland School Builders Club were not, and they served the tasty treats with courtesy and enthusiasm. It is said that "all's well that ends well". Despite accidents, illness, and the rain, the club sold almost everything and they earned approximately \$5,000.00 for their efforts.

Congratulations to PP Jay Steinmetz and Second VP Liz Fries on achieving Distinguished status.

The club has also made a donation of \$1,000.00 to the East Meadow Challenger Baseball League. The donation was received by Lee Cook who has spent 17 years coaching the athletes and helping to coordinate the league's activities. The ceremony was also attended by Matt who is one of the athletes who has played with the league. He told members of the East Meadow club what playing in the league meant to him.

Franklin Square participated in the Kiwanis Comedy Night which was held at Governor's Comedy Club in Levittown. Now that the club has gotten the laughs out of their system, they are looking forward to their Fifth Annual Street Fair which will take place from 10:00 AM to 5:00 PM. The event will feature Arts and Crafts, resale merchandise, food courts, and amusements. So if you want a day which has something for everyone, then the Franklin Square Street Fair is the place to be on May 7th. If you have any questions regarding the Street Fair, please contact Chairperson Frank Biondo at (516) 298-8839 or the club's

President James DeBari at (516) 250-8065. This is one of the club's major projects. So if you are looking for a good bargain / good time come on out and join the fun.

The **Massapequa** club's preparations for the 22nd annual Golf Classic have reached a fever pitch. This year's event will take place on Monday June 26th at the Town of Oyster Bay Golf Course in Woodbury. The cost will be \$185.00 per golfer. For more information, please contact Golf Chairman Rocco Dionisio Jr. at masstang@optonline.net.

Merrick is conducting a survey in an effort to find out the needs of club members. The survey was distributed as part of the club's newsletter.

The **Nassau County Courthouses** Club has participated in three very successful fund raisers. First the club joined the Garden City club for a night of fund raising which involved Lord and Taylor's. Participants shopped until they dropped and helped a good cause at the same time. There was laughter in the Court as club members participated in the annual Comedy Night. Word is that the Jury on the comic's performance is still out. Finally members of the club held a meeting in Surrogates (where else) court. The money that they would have spent on the meal was donated to charity.

The Lanes at Levittown North sizzled as the members of the **Town Hall** club held their annual Bowl-A-Thon. The competition was fierce as some bowlers endeavored to find their way out of the gutter while others could not seem to miss. The club is grateful to Larry Paretta and Larry Schatz for their efforts in coordinating the bowling. As it turns out, needy children will be the big winners as the club raised over \$1,600.00.

The club held a membership roundup at CSEA Local 880 Headquarters in Merrick. Members are grateful to Governor David Rothman, Lieutenant Governor Warren Kalmenson, and New York District TAG Chairperson Janice Seyfried. All of these Kiwanians took time out of their busy schedules to join us on this very

special evening. Special thanks to DPP Larry Paretta who gave a very informative program about Kiwanis. Unfortunately, old habits die hard, and Chief Paretta refused to let the perspective members leave the room until they had been able to recite the list of LISC Lieutenant Governors backward. I believe that some of them are still working on the problem, but as Larry always says, "Rome was not built in a day."

Town Hall is looking forward to their Masquerade Ball which will be held on Friday May 19th at 7:00 PM. The event will take place at Town Park at Lido Beach 630 Lido Blvd. The club is planning an evening of fun and fellowship with a meal, beer, wine, and soda. There will be prizes for best costume, and dancing. You get all this for only \$50.00. For



East Meadow Pancake Breakfast

tickets and more information, please contact JoAnn Delgado at (516) 376-4830.

This year the Memorial

Breakfast will be hosted by the **West Hempstead** Club on Sunday April 30th. The breakfast is a solemn occasion on which our division and its clubs remember Kiwanians who have died but not been forgotten. This year's event will be held at the Best Western Hotel which is located on Sunrise Highway in Rockville Centre. The donation is \$25.00. If you need more information, or you want to add the name of a club member to the book, please contact West Hempstead's President George Silkes at (516) 489-0275.

West Hempstead is also making preparations for their annual Pancake Breakfast, which will be held on Sunday May 21st at the West Hempstead High School located at 400 Nassau Blvd West Hempstead, NY. If you take the time to listen, you can hear those pancakes getting golden brown and the sausages sizzling. This is also a wonderful opportunity to

steal (borrow in Kiwanis language) President George Silke's world famous Pancake recipe.

CALENDAR

Sun May 30th 9 AM – 12 PM LISC Memorial Breakfast at the Best Western Hotel which is located on Sunrise Highway in Rockville Centre. The cost is \$25.00 per person.

Fri May 5th International President's Official visit will be held at the Sterling located at 345 Hicksville Rd. in Bethpage

Sat May 6th New York District Kamp Kiwanis Open House at Taburg New York.

Sun May 7th 10:00 AM – 5:00 PM Franklin Square Street Fair which will be held on Franklin Ave from Scherer Blvd to Hempstead Tpke. The rain date is Sun May 21st.

Mon May 8th The Wantagh club hosts the annual Bonnie and Charlie Bast Memorial Golf Outing at the Woodcrest Country Club.

Mon May 15th 6:30 PM LISC Divisional Council at Per Un Angelo. This meeting will be hosted by the Town Hall and West Hempstead clubs.



East Meadow members gather to deliver Passover/Easter baskets

Fri May 19th 7:00 PM Town Hall Masquerade Ball

will take place at Town Park Lido Beach which is located at 630 Lido Blvd. The cost is \$50.00. For information and tickets, please call Joann Delgado at (516) 376-4830.

Sun May 21st 9 AM – 12 PM West Hempstead Pancake Breakfast West Hempstead High School 400 Nassau Blvd West Hempstead, NY

May 31st - June 4th Bellmores Strawberry Festival will be held at the Boces School (corner of Newbridge Rd and Jerusalem Ave) in North Bellmore.

Jun 1st – 3rd The Empire State Games for the Physically Challenged will be held at the Mitchel Field Complex in Uniondale New York.

Mon Jun 26th Massapequa Golf Classic at the Town of Oyster Bay Golf Course in Woodbury. The cost is \$185.00 per person.

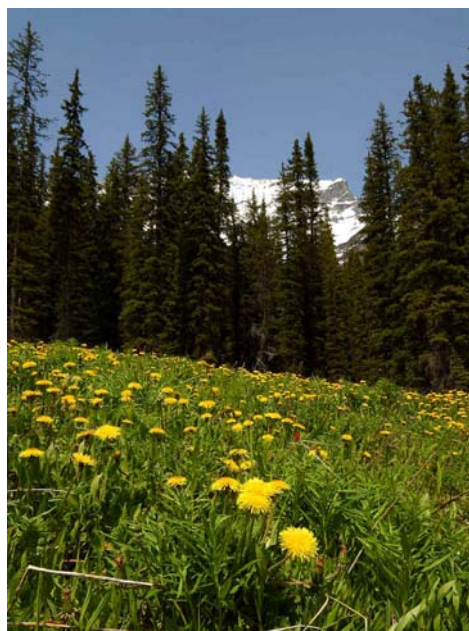
Jun 28th – Jul 2nd Kiwanis International Convention will be held in Montreal Canada.



East Meadow Fire Dept. Rescue 5 receives KPTC Trauma Kit



Wantagh and Massapequa members practice in small back yard



Spring has sprung